



KETTLEBELL STRENGTH
AND CONDITIONING

Kettlebell Classes

- Unlimited Classes - \$99 per month
- Couples Unlimited - \$179 per month
- Military Unlimited - \$79 per month
- 2 classes per week - \$79 per month
- Single Class - \$20

10/20 Class Punch Card - \$170/\$280

\$99 enrollment fee for memberships. \$49 enrollment fee for punch cards. 30 days written notice required for membership cancellations. Military must present ID.

Personal Training

60 minute session - \$99

30 minute session - \$55

Buy a PT package and save! 30 min / 60 min

1 month pack (8 sessions) \$400 / \$640

3 month pack (24 sessions) \$1080 / \$1560

6 month pack (48 sessions) \$1920 / \$2880

- payment plan available

Small Group Personal Training Packages

twelve 45 minute sessions

For 2 people \$960 \$40 per session, per person!

For 3 people \$1260 \$35 per session, per person!

For 4 people \$1680 \$35 per session, per person!

- payment plan available

1-on-1 Kettlebell Foundation - \$227

Three session series. Designed for those unable to attend the Kettlebell Foundation group courses.

Call Us! (858) 551-CORE

www.ironcorekettlebells.com

No Refunds. 24-hour cancellation notice required for all personal training or the session will be charged.